

PORT AUTHORITY OF GUAM

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NEWS RELEASE

Summer interns take emotional IQ Webinar



Piti, Guam, June 13, 2022: The Port Authority of Guam's summer interns have completed the Government of Guam's EQ Webinar, a practice of emotional wellness, presented by the Guam Behavioral Health and Wellness Center (GBHWC). Thirty-three (33) of thirty-five (35) interns partook in the webinar for a total of 94% participation. Administrative leave for one (1) hour is offered to all Government of Guam employees who opt to participate.

Acting Governor Josh Tenorio, Judiciary of Guam Chief Justice Philip Carbullido, and Director Therese Arriola from the Guam Behavioral Health and Wellness Center (GBHWC) collaborated on this project and made this webinar available free to all Government of Guam employees. The Port's summer interns also took part in this webinar training. This webinar seeks to reduce the influx of residents into the judicial system by proactively teaching people how to manage one's emotions effectively. This is a proactive effort to steer residents away from the Judicial system.

The GBHWC has made the EQ Webinar available to all Government of Guam employees from July 11 – 15, 2022. The webinar takes less than 45 minutes and discusses the concept of emotional intelligence and the practice of emotional wellness.

"We are grateful that this resource is available for all of our Port Strong Family and the entire GovGuam workforce, thanks to Governor Leon Guerrero, Lt. Governor Tenorio, Chief Justice Carbullido, Director Arriola, and her team at GBHWC. Understanding how Emotional intelligence works and how, when applied, will go a long way to effectively managing situations at the work and homefront," said Rory J. Respicio, Port General Manager. "These coping skills transcend all ages. We hope others will go through this training and find value in deploying emotional intelligence coping skills to foster healthy relationships with their families, friends, and colleagues. Today, we provided the same training opportunities for DYA's summer interns assigned to the Port."